



Signal Mtn to Mushroom Rock

Distance: 12 miles

Rating: Difficult

Driving Time: 1.75 hours

Elevation Gain: Approx. 400 ft

Leader:
Bev Hawkins
at 865-406-0297 or
bevhawkins0707@gmail.com

## Signal Mountain to Mushroom Rock

Friday, July 14, 2023

Depart at 7:30 a.m. from Lakeside Realty Park lot

This hike will begin at Shackleford Ridge Park at Signal Mountain near Chattanooga. From there it is a 1.2 mile hike to Mushroom Rock, a unique rock formation 25 feet high. We then continue on the Cumberland Trail to Edwards Point, which is a spectacular lookout point with a view of the Tennessee River. That will be our destination for lunch. Some parts were overgrown and poison ivy was seen in some areas. This is an out and back hike



Hiking boots and hiking sticks are recommended.



Driving directions will be provided the morning of the hike.



Bring water and a trail lunch.



Passengers are asked to contribute \$6 to the driver to help cover gas, etc.